Species that have neither an advisory nor a listing. For more information, visit www.blueocean.org/seafood.
This Seafood Guide is printed on chlorine-free, 100% recycled (50% post-consumer) paper. More information on these and other fish can be found at www.blueocean.org/seafood. Join our mailing list to receive our next seafood guide. Blue Ocean’s Seafood Guide is brought to you in partnership with Blue Ocean Institute through science, art, and literature. We develop conservation solutions that are compassionate to people as well as to ocean wildlife, and we work to inspire a closer relationship with the sea. For more information on Patagonia’s Oceans as Wilderness work, visit www.patagonia.com. Blue Ocean Institute 250 Lawrence Hill Road, Cold Spring Harbor, NY 11724 Toll-free Tel: 877-BOI-SEAS E-mail: seafood@blueocean.org Sea Scallops Wildly overfished, commercial management measures for wild Sea Scallops currently allow high fishing pressure. Bottom dredge trawl methods used to catch Sea Scallops damage habitat, and there is unintended catch of endangered sea turtles, depleted Atlantic Cod, and other groundfish. Atlantic Flounders and Soles Long-lived and vulnerable to overfishing, pressure on these species is matched only by Atlantic Halibut. Long-lived and slow to mature, this fish is naturally vulnerable to fishing pressure. They mature late, and management efforts are generally lacking. Atlantic cod, please visit www.blueocean.org/seafood. 

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